

# Centering Community Voices and Choices in Research

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# Context, Place, Language, History, Worldview

- The *How* and *Why* matter as much as the *What*
- How does TEK support Hutsul communities?
  - 1) Relationship to landscape
  - 2) Community health
  - 3) Maintain food sovereignty





# Plot Twists in Research

**\*An opening to listen\***

Accepted  
Original Research

**Traditional Ecological Knowledge to Traditional Foods: The Path to Maintaining Food Sovereignty in Hutsulshchyna**

Nina M Fontana, Mariia Pasailiuk and Oleh Pohribnyi

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Frontiers in Sustainable Food Systems  
Social Movements, Institutions and Governance

Українською та Гуцульською



Photo: N. Fontana / Women's Library Collective

Phenological calendar



# 5 Considerations to Community-Engaged Research

1. Communication & Engagement
2. Policy
3. Education
4. Knowledge Creation
5. Personal Action



Adapted from Rubert-Nason et al., 2021



**Thank you**

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