Facilitation Basics: An Introduction

Translational Ecology Short Course Southwest Climate Science Center April 4 – 5, 2018

Goals for the sessions

- Discuss facilitation and its many applications
- Understand key principles and best practices that guide successful facilitation
- Review and practice basic tools and methods
- Discuss challenges and questions

General outline

- Introduction
- Exercise the good, the bad, the ugly
- Basic skills review process and meeting design
- Exercise meeting planning
- Dealing with difficult behaviors
- Evaluation

Basic assumptions

- Facilitation is an essential skill in all professional work
-it's also extremely helpful in our personal lives
- "Facilitation" is also a philosophy, a leadership style, a general approach
- Facilitative leadership is something that's both intuitive and can be learned, practiced, and significantly improved

Elements of facilitative leadership

- PIONEER: catalyze action and recruit others
- SPONSOR: establish credibility and legitimacy
- THOUGHT LEADER: provide expertise and credibility
- NETWORKER: engage people across interests, sectors, jurisdictions
- FACILITATOR: bridge differences, create opportunities for inclusiveness, build agreement
- STEWARD: coordinate activities and ensure results

Adapted from: Center for Natural Resources & Environmental Policy, University of Montana

Facilitation

"the art of leading people through processes toward agreed-upon objectives, in a manner that encourages participation, ownership and creativity" D. Sibbet (2002)

- Design and preparation
- Process leadership
- Balancing participation
- Maintaining/improving communication
- Developing/enforcing ground rules

- Team building
- Time management
- Summarizing
- Recording/documenting
- Ensuring appropriate follow up
- Evaluating, reflecting, learning

Range of applications

Two party

- Commercial/contractual
- Family
- Court-affiliated

Multi-party

- Community, environmental
- Public policy

Mediation

Arbitration

Adjudication

Facilitation

Meeting management

Collaborative efforts

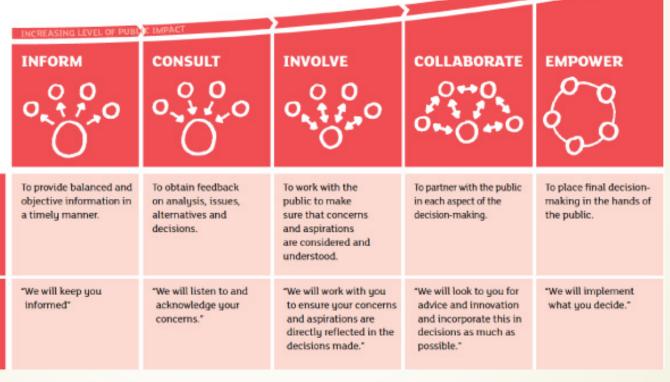
Process design and decision making

Organizational development, e.g., strategic planning



GOAL

PROMISE



Source: IAP2,

https://sustainingcommunity.wordpress.com/2017/02/14/spectrum-of-public-participation/

The good, the bad, the ugly

- Reflecting on your own experience (as a facilitator or as a participant), identify what you have seen as:
 - ✓ Good or effective practice
 - ✓ <u>Bad</u> or <u>really wrongful</u> practice

Best practice criteria

- 1. Preparation
- 2. Role, approach, philosophy
- 3. Creative, responsive design
- 4. Evaluation, reflective learning, constant adaptation
- 5. Teamwork, sharing, access
- 6. Documentation and communication



1. Preparation

- Insist on some degree of assessment, however defined
- Effective use of between-meeting time
- First in, last out
- Read (and understand) all issues/materials in advance
- Come prepared with questions, comments, prompts
- Challenge participants to do the same

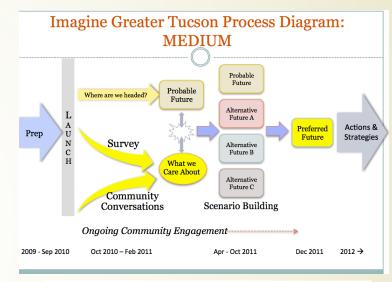
2. Role, approach, philosophy

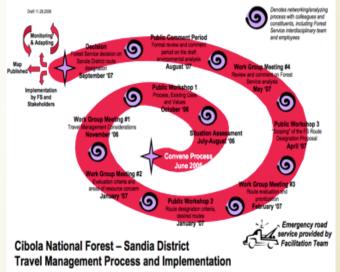
- Work with participants to make informed decisions on process (see IAP2 spectrum, informed decision making)
- Adjust style/methods to suit the circumstances, need, mood
- Service first
- The ultimate goal: <u>Invisibility</u>



3. Creative, responsive design

- Tailor the process to meet the needs of participants
- See each situation as an opportunity to draw on experience in the field
- Practice responsible experimenting





4. Evaluation, learning, adapting

- Seek regular feedback, and demonstrate that you're using it effectively
- Use a variety of evaluation methods to inform decisions and practice
- Use de-brief and strategy sessions with participants, particularly during phase-change transitions
- Work with your team to constantly reflect, critique, and learn from your experience

5. Teamwork, sharing, access

- Benefits of working in teams however configured
- Set the tone and demonstrate collaboration as you work within team settings
- Encourage teamwork and collaboration in both formal and informal ways
- Harness the power of individuals within teams

6. Documentation, communication

- Ensure appropriate level of documentation of all meetings, discussions, and decision points
- Offer timely, well written progress reports
- Provide appropriate access to all relevant information
- Ensure translation of highly technical material
- Use technology and social media to communicate regularly with all participants (and beyond)

Fundamentals (I)

- All participants are present for a reason create opportunities for everyone to participate and contribute.
- Lead by holding participants to their own standards and working agreements. Adjust your approach to suit the group's needs.
- Always remember <u>The Objective</u> and <u>The Question</u>. Keep reminding people what the session is about, and how it relates to the group's wider agenda and purpose.
- Most of the really important work of facilitation happens outside of the meetings – preparation (assessment, agenda development, logistics, materials), and follow through (documentation, evaluation) are key.
- Creativity is infinite, time is not.

Fundamentals (II)

- **Documentation**: make sure you have a plan, and appropriate resources (recorders, laptops, flip charts, pens).
- Use <u>visuals</u> as much as possible to summarize ideas, focus attention, negotiate consensus, and provide references throughout the discussions.
- Divide, with rules. Use plenaries, small groups, exercises, and ensure integration.
- Like a lot of things, facilitation works best with good, timely feedback monitoring the group, and evaluating meetings and the group progress overall, is a core responsibility and skill.
- Achieving invisibility the less involved you need to be in the conversation, the more the group can focus on working toward meeting its needs.

Questions, comments?